

Betty Bae

betty@rathboneandassociates.net

Education

Columbia University School of Social Work, New York, NY, May 2006, Master of Science,

Practice Method: Clinical Social Work Practice, Field of Practice: Health, Mental Health, and Disabilities.

Colgate University, Hamilton, NY, May 2002, Bachelor of Arts in Sociology; *Honors*: Alpha Kappa Delta International Honor Society for Sociology; Dean's Award; Sociology Award

Licensing and Trainings

LCSW-C in Maryland since June 2009 and Board Approved Social Work Supervisor since January 2011

Letter: completed Dialectical Behavioral Therapy course at Columbia University School of Social Work; Dialectical Behavior Therapy with Multi-Problem Adolescents training; Trauma Focused-Cognitive Behavioral Therapy Training for adolescents & participant of DJS Trauma-Informed Care Learning Collaborative; Behavioral Tech Online Training: Foundations of Exposure Therapies (Prolonged Exposure); Gang Awareness Training

Experience

Rathbone and Associates, Bethesda, MD, Part-time from August 2012 to September 2014; Full-time from October 2014 to present

- Assessment for treatment recommendations
- Individual and group psychotherapies
- Provides comprehensive DBT individual therapy, phone coaching, young adult and adolescent skills group leader, and member of DBT consultation teams.
- Collaborates with other treatment providers to ensure coordination of care

Glass Health Programs, Cheltenham, MD, July 2011 to September 2014, Therapist, DBT Informed Services Coordinator, Clinical Supervisor

- Provide training for clinicians and administrators on Dialectical Behavioral Therapy
- Ongoing caseload of select individuals working in conjunction with primary therapist to provide DBT skills training. Focus is on youth that have not completed mandated therapeutic programs (RTCs) and are pending placement for several months in detention for their next program.
- Provide individual counseling utilizing behavioral chain analysis for youth that violate the conditions of probation resulting in a short term sanction in detention.

Adventist Behavioral Health, Rockville, MD, January 2011 – July 2011, Therapist

- Primary therapist providing individual therapy and family therapy for caseload of 10 to 15 male juvenile sex offenders in the Residential Treatment Center setting
- Group therapist following curriculum for Healthy Sexuality, Healthy Masculinity I & II, and Dialectical Behavioral Therapy Skills group
- Program development and planning for the new short term co-ed Dialectical Behavioral Therapy unit

Chesapeake Counseling Associates, Rockville, MD, August 2010 – June 2011, Therapist (Tuesday evenings & Saturdays)

- Provide individual and family therapy to children (caseload of 7) that have experiences/witnessed domestic violence. Majority of clients are court ordered to attend therapy.
- Document intake assessments, treatment plans, and counseling progress notes as a Medicaid provider.

Glass Health Programs, Cheltenham, MD, February 2007 – January 2011

Diagnostic Coordinator, July 2009 to January 2011

- Provide initial biopsychosocial assessments and initial treatment plans on all new intakes admitted to the facility under the care of the Maryland Department of Juvenile Services.
- Provide crisis counseling to new youth at intake during the orientation process
- Coordinate with education, facility case management, community case managers, psychiatrist, facility residential staff, medical, and families to ensure continuity of care for each new youth. Assist in implementing policy and procedures.
- Track all demographic information on youths for the program for treatment and research purposes.
- Involvement in special project targeting recidivism, specifically youth that continually violate probation and youth that do not complete residential programs mandated by court.

Behavioral Health Counselor, February 2007 to July 2009

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- Provide initial biopsychosocial assessments, emergency screening, individual counseling, crisis intervention, group counseling, supportive services and advocacy to youths in the care of the Maryland Department of Juvenile Services.
- Counsel a caseload of 20 - 25 adolescent males in a secure lock down detention facility, ranging from the ages of 12 – 20, with various mental health diagnoses, substance abuse issues, family concerns, and juvenile legal offenses.
- Assess and care for individuals with suicidal ideation, homicidal ideation, self injurious behaviors, and episodes of psychosis; in these cases utilizing DJS suicide watch policy and procedures; implement Guarded Care Plans, Behavior Management Plans, and Safety Plans to ensure the safety of each individual youth, other youths and staff in the facility.
- Coordinate care with psychiatrists, case managers, parole officers, unit managers, teachers, and administrators on an ongoing basis and specifically during weekly Inter-disciplinary Treatment Team meetings and Multi-Disciplinary Team meetings.

Martin Pollak Project, Washington, DC, August 2006 – December 2006, Social Worker

- Provide advocacy, case management, crisis intervention, on-call services, and supportive services to at-risk children in foster care.
- Counseled a caseload of 10 children in foster care and their respective foster care families and biological families.
- Family Court: completed case treatment plans, documentation of all contacts in FACES, completed court reports, and represented agency in court for 10 cases.
- Coordination of services requiring contact with schools, hospitals, police officers, therapists, psychiatrists, housing authorities, and Child and Family Services Agencies.

Epilepsy Foundation, New York, NY, September 2005 - 2006, Social Work Intern

- Provided outreach, advocacy, crisis intervention, case management, and ongoing counseling services for individuals with epilepsy and/or developmental disabilities, and their families.
- Performed job duties in the context of macro-level practice: contacting public schools, hospitals, and other social services due to client's needs.
- Participated as a member of an interdisciplinary team at the Children's Hospital at Montefiore, pediatric neurology clinic, and the Roosevelt Developmental Disabilities Clinic (DDC).
- Assisted with the Epilepsy Foundation's Adventurer's Club, a group that meets monthly at various locations, offering different activities, and is open to individuals of any age with epilepsy and their families.

Institute for Urban Family Health/Continuum Health Services, New York, NY, September 2004 - 2005, Social Work Intern

- Completed biopsychosocial assessments and remained accountable through documentation using the electronic medical records system.
- Served as a member of an interdisciplinary team, worked with a diverse client population in terms of demographics and various mental illnesses.
- Maintained a caseload of 7 - 8 ongoing clients every 3 months.

YAI/National Institute for People with Disabilities, Elmsford, NY, COMMUNITY TRAINING SPECIALIST, October 2002 – September 2004.

- Supervised and taught basic job skills and social skills to mentally disabled young adults at a volunteer job site, to prepare and teach individuals to become more independent, productive and included in the community at large.
- Modeled and trained community awareness and safe travel skills to mentally disabled young adults.
- Advocated for and communicated with job site contacts and community members to educate others when interacting with individuals that are mentally and physically disabled.
- Completed paperwork such as assessments, outcome/behavior plans, documents of meetings and phone conversations