

## **PHYLLIS POMERANTZ, LCSW-C**

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### SOCIAL WORK EXPERIENCE

#### **RATHBONE AND ASSOCIATES, Rockville, MD (2001-Present)**

**Therapist:** Adolescent individual and group psychotherapy assessment and treatment services. Collaborative teamwork approach with parents, school counselors, psychiatrists, and pediatricians. Dialectical Behavior Therapy (DBT) skills training group, individual therapy and peer supervision group.

#### **CPC HEALTH, Gaithersburg, MD (1993- 2001) (Formerly Community Psychiatric Clinic and Chestnut Lodge Hospital)**

**Therapist:** Child, adolescent, individual and family psychotherapy in outpatient clinic setting and in-home visits.

#### **Project Family Outreach:**

**Group Facilitator (1995-2001):** Created and facilitated psycho-educational groups and workshops for at-risk children, youth and families in collaboration with public schools and a variety of community groups.

**Director (1996-2001):** Wrote quarterly reports for Montgomery County Health and Human Services Child and Adolescents contract monitor, facilitated monthly peer supervision meetings, conducted hiring, attended agency management meetings, and community outreach and collaboration.

#### **Clinical Supervisor and staff member, Camp Greentree: (1993-98)**

**Staff (summers 1993-94):** Provided highly structured program with behavior management systems, daily group therapy, and therapeutic recreational and creative activities. Setting was a therapeutic day program for moderate to severely emotionally challenged 5-18 year old children and adolescents.

**Clinical Supervisor (part-time year round and full time summers 1996-98):** Responsibilities included clinical intake and risk assessments, clinical supervision to para-professional and student staff, orientation presentations and program planning.

#### **VICTIM SERVICES: Family Assistance Project, Brooklyn, NY (1992-1994)**

**Therapist:** (1994) Child and adolescent individual, family and group psychotherapy in an outpatient clinic setting with victims of incest.

**Graduate Intern:** (1992-93) Same therapist responsibilities as above.

#### **NEW YORK STATE PSYCHIATRIC INSTITUTE: Adolescent Day Unit, New York City (1993-94)**

**Graduate Intern:** Adolescent, individual, group, psychotherapy in an early onset psychosis protocol. Responsible for clinical assessments, treatment plans, case management and disposition coordination.

#### **ENGLISH EMERSION PROGRAM, Tel Aviv, Israel (Summer 1995)**

**Counselor and teacher:** Community rehabilitation project for at-risk adolescents.

#### **BEACHWOOD HOUSE GROUP HOME, Cleveland, Ohio (1991)**

**Caregiver:** Responsible for daily living skills and outings in the community for adult residents with mild to severe mental retardation.

#### **JEWISH COMMUNITYCENTER, Cleveland, Ohio (1990)**

**Teacher's Assistant:** Classroom assistant for preschoolers with emotional and behavioral problems.

## EDUCATION

**Georgetown University Post-Graduate Clinical Certificate Program:** Washington, D.C. (2000-02)  
Two academic years of clinical seminars with year round clinical work and weekly psychodynamic supervision.

**JSSA Post-Graduate Certificate Program: Child and Adolescent Treatment:** Rockville, MD (2001)  
A six month program, "Child and Adolescent Assessment and Treatment: A Biopsychosocial Approach".

**NEW YORK UNIVERSITY SCHOOL OF SOCIAL WORK,** New York, NY  
Master of Social Work, May 1994

**INDIANA UNIVERSITY,** Bloomington, IN  
Bachelor of Science, May 1990 Majors: Psychology, Dance (School of Music)

## PRESENTATIONS

- "Group Work II" - Linkages to Learning, Montgomery County (3/06)
- "Group Work I" - Linkages to Learning, Montgomery County (2/06)
- "Relationships" - Walt Whitman High School Youth Summit (4/02)
- "Adolescent Development and Strategies" – Suburban Hospital (12/01)
- "Psycho-educational Group" - Montgomery County elementary school counselors (9/01)
- "Boundaries Workshop" - Housing Opportunity Commission staff training (10/00)
- 12<sup>th</sup> Grade Psychology Class - Guest Lecture - Winston Churchill High School (5/00)
- 8<sup>th</sup> Grade Career Day - Neelsville Middle School (11/00, 11/01)
- "Young and Female – Problems of Pre-Adolescent Girls in Today's Society" - Montgomery County Youth Workers Training Committee - (5/98)

## SOCIAL WORK AFFILIATIONS

Member, National Association of Social Work, since 1994  
State of Maryland Licensure and Designation: LCSW-C since 1999  
Great Washington Clinical Social Work Society since 2008

## PROFESSIONAL BALLET EXPERIENCE

**BOWEN McCAULEY DANCE,** Bethesda, MD (1999-2003)  
*Dancer* in ballet/modern dance company under directorship of Lucy Bowen McCauley.

**WASHINGTON OPERA,** Washington, DC (1995-1998)  
*Dancer* in Mefestophiles, Samson and Delilah, La Rondine.

**BAT DOR MODERN DANCE COMPANY,** Tel Aviv, Israel (1994-1995)  
*Dancer* in ballet/modern dance company under directorship of Jeanette Ordman.

**ALBANY BERKSHIRE BALLET,** Albany, New York (1991-1992)  
*Dancer* in ballet company under directorship of Madeline Cantarella Culpo.