

Kate McSpadden Leinweber, LCSW-C, MS

EDUCATION

National Catholic University of America, Washington, D.C.
Masters in Social Work, Clinical Concentration

Drexel University, Philadelphia, PA
Masters of Science in Psychology, Health Concentration

Vanderbilt University, Nashville, TN
Bachelor of Science in Psychology (Honors, magna cum laude); French Minor

PROFESSIONAL EXPERIENCE

Rathbone and Associates, Bethesda, MD May 2018-Present
Psychotherapist

- Provide adolescent and young adult individual and group psychotherapy, assessment, and treatment services.
- Collaborate with other treatment providers to ensure coordination of care.

The Stixrud Group: Neuropsychology Practice, Silver Spring, MD March 2013-Present
Psychology Associate

- Evaluate adolescents and adults with learning, attentional, social, and/or emotional difficulties—through intellectual, educational, psychological, and emotional testing.
- Collaborate with neuropsychologists in the practice to review presenting problems, background information, test findings and formulate hypotheses.

MPB Group, Inc. (Outpatient Mental Health Clinic), Columbia, MD September 2015-Present
Psychotherapist

- Provide individual and family psychotherapy assessment and treatment for adolescents and adults with a variety of presenting problems, including: depression, anxiety, trauma history, substance abuse, self-esteem concerns, maternal mental health issues, etc.
- Conduct biopsychosocial intake assessments and formulate diagnostics impressions.

The Catholic University of America Counseling Center, Washington, DC August 2014-May 2015
Clinical Social Work Intern

- Provided diagnostic assessments and psychotherapy for undergraduate and graduate students.
- Worked in a multi-disciplinary team of social workers, psychologists and psychiatrist, as well as communicated with Disabilities Support Service to better coordinate care.
- Presented client conceptualizations—including, DSM-V diagnosis, proposed treatment modalities, and accompanying videotape segments from therapy sessions.

Washington Center, Washington Hospital Center, Washington DC August 2013-May 2014
Social Work Graduate Student Intern

- Led weekly support group for breast cancer survivors—effectively facilitating discussions regarding fear of cancer recurrence.
- Counseled patients to address issues of anxiety, depression, and stress management related to the diagnosis and survivorship.
- Collaborated with a multidisciplinary team for planning and implementing patient care.

National Cancer Institute, Behavioral Research Program, Rockville, MD

July 2011-March 2013

Cancer Research Training Award Fellow

- Provided research support as a part of the leadership team in the development of a new survey, which examined correlates of cancer preventive behaviors.
- Evaluated Survivorship and Palliative Care programs in a subset of NCI-funded hospitals in order to determine barriers and facilitators in the implementation of these programs.
- Prepared and wrote scientific manuscripts for publication including conducting literature reviews and interpretation of study findings on parenting practices.
- Worked with multi disciplinary teams to develop research presentations examining the association between stress and health behaviors.

Department of Psychology, Drexel University, Philadelphia, PA

September 2009- May 2011

Research Assistant: Psychological Experiences Following Miscarriage and Stillbirth

- Delivered patient-provider communication-training sessions for Ob/Gyn medical residents regarding pregnancy loss.
- Aided in the preparation and writing of a R34 grant application.

Department of Psychology, Drexel University, Philadelphia, PA

November 2009-April 2010

Research Assistant: Intimate Partner Violence and HIV Risk Reduction: The Impact of Power Condom Use, Self-Efficacy and Gender Role Attitudes

- Recruited and evaluated participants from Drexel's Women's Care Clinic.

Health Assist Tennessee (NGO), Nashville, TN

September 2007-August 2009

Advocacy Counselor & Medical Interpreter

- Advised mental health patients how to receive state behavior health coverage.
- Provided case management and advocacy services to uninsured Tennesseans.
- Acted as a liaison between primary care providers and uninsured patients who had problems with health care adherence.

CREDENTIALS & AFFILIATIONS

- State of Maryland Licensure: LCSW-C
- Greater Washington Society for Clinical Social Work
- National Association of Social Workers