

Samantha L Ascanio

EDUCATION

University of Maryland, Baltimore
Masters of Social Work, May 2016

University of Maryland, College Park, Maryland
Bachelors of Science in Family Science, May 2010

WORK EXPERIENCE

DBT-Team Individual Therapist, Rathbone and Associates, Bethesda, MD 2019-Present

- Provides comprehensive DBT individual therapy
- Participates in weekly DBT consultation team meetings
- Conducts assessments for treatment recommendations
- Collaborates with other treatment providers to promote coordinated care

DBT Day Treatment Program Manager, Potomac Pathways, Cabin John, MD 2018-Present

- Manages team of five intensively trained clinicians and six paraprofessionals
- Conducts all program related training for clinicians, paraprofessionals and interns
- Carries a caseload of 5-6 day treatment clients

Primary Therapist, Potomac Pathway, Cabin John, MD 2015-Present

- Provides individual and group therapy to clients in DBT-IOP
- Trains new clinicians and interns
- Participates in weekly DBT staff meetings and consultation team meetings

Student Intern, MedStar Georgetown University Hospital, Washington, DC 2014- 2015

- Performed psycho-social assessments and on-going needs assessments
- Worked on a multi-disciplinary team to support clients with Huntington's disease

Nanny, Private homes, Rockville, MD 2012-2014

- Met all of the basic needs of infants in my care
- Ensured safety and security while providing comfort

Program Coordinator, Potomac Pediatrics, Rockville, MD 2010-2012

- Managed the coordination of care for Primary Care Medical Home children
- Served as a liaison between Carefirst, physicians, and families

Student Worker, University of Maryland Health Center, College Park, MD 2006-2009

- Scheduled appointments in Urgent Care Department
- Acted as a liaison between students and medical staff

RELATED ACTIVITIES

Created/managed a successful DBT Day Treatment Program for Suicidal Adolescents
Guest lecturer at UMB School of Social Work/UMD CFT Graduate Program
Intensively trained DBT therapist
Over 100 hours of DBT training by Behavioral Tech

Completed Mindfulness Based Stress Reduction Course
Wrote program proposal for Standard Outpatient Program at Potomac Pathways
Adherence Coder for UMD Couples Abuse Prevention Program
Eating Disorders Coalition Volunteer Lobbyist