

MR. WILLIAM A. HAYDEN
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License: DC (LICSW), VA (LCSW), MD (LCSW-C)

Education: MSW, Virginia Commonwealth University (2011); BA, Bard College (1996)

Clinical orientation: Eclectic (CBT, relational, psychodynamic, somatic, and experiential)

PSYCHOTHERAPY

2018-present Psychotherapist, Rathbone and Associates, Bethesda, MD

- Provide therapy (individual, group, and family) to adolescents and young adults with complex emotional, academic, and behavioral problems.
- Collaborate with patients and families to identify problematic behaviors and social issue and to establish therapeutic goals that support healing and self-awareness.
- Employ modalities and interventions based on client need, including cognitive-behavioral interventions, mindfulness, grief/bereavement counseling, psycho-education, stress reduction and healthy coping strategies.
- Communicate with teachers, counselors, psychiatrists and other providers.

2013-present Psychotherapist, Weaver and Associates, McLean, VA

- Provide therapy (individual, group, and family) to children, adolescents, and adults diagnosed with complex emotional and/or behavioral problems.
- Provide clinical assessments, create treatment plans, and establish therapeutic goals collaboratively with patients and families
- Employ modalities and interventions based on client need, including cognitive-behavioral interventions, mindfulness, grief/bereavement counseling, psycho-education, stress reduction and healthy coping strategies.
- Consult with schools, counselors, and other providers.

SOCIAL WORK and INTERNSHIPS

2011-present Sibley Memorial Hospital (Johns Hopkins Medicine), Psychiatric Social Worker

- Provide individual and group counseling focusing on patient education, self-awareness and insight, and symptom and crisis management.
- Facilitate family meetings to educate and support families in crisis, including disease education, treatment objectives, and creating optimal discharge plans.
- Collaborate directly with treating psychiatrists for patient care, treatment planning, psychiatric consultations on medical floors.
- Conduct crisis interventions and perform ER psychiatric assessments.
- Contribute to ongoing efforts to expand current Sibley behavioral health program.
- CUSP committee focused on increasing patient and staff safety.
- HCAPS multidisciplinary work group to improve CMS and JCAHO compliance.
- John Hopkins work group to standardize implementation of EPIC workflows.

2010-2011 Sibley Memorial Hospital (Johns Hopkins Medicine), Psychiatric Social Work Intern
ER assessments, discharge planning, family meetings, individual and group counseling, treatment planning, restraint and safety training, and provided staff training in meditation.

2009-2010 Superior Court of the District of Columbia, Probate Division Guardian Assistance Program Intern

Monitored guardianships by visiting wards, interviewing guardians and conservators, filing reports with court, observing courtroom hearings, and presenting cases to supervisor.

VOLUNTEER EXPERIENCE

2002-2007 Youth Mentor, Good Shepherd Teen Learning Center (Washington, DC)
Mentored low-income adolescents with reading and writing skills, life choices, and life goals.
Provided emotional support and guidance.

RELATED WORK EXPERIENCE

1996 Childcare Worker, Astor Home for Children (Rhinebeck, NY)
Childcare worker with Seriously Emotional Disturbed youth in New York State. Followed behavior modification system. Participated in treatment planning and family meetings.

1992-1996 Group Leader: Longacre Expeditions, Boston University, and InnerQuest
Facilitated full-day adventure activities for youth and adults, including ropes courses, group challenges, and environmental awareness. Processed group experience with participants. Organized multi-week expeditions, including kayaking, climbing, and canoeing instruction.

1994-1995 Camp Director, Green Hills Day Camp (Pawling, NY)
Managed all aspects of day camp for 90 campers. Reorganized camp staffing, activity structure, policies, staff training and equipment procurement over two-year period.

TRAININGS

Somatic Experiencing Practitioner (SEP in training 2017-2020), Lead Instructor: Burns Galloway
Child Centered Play Therapy, (2014) Instructor: Louise Guerney

PUBLICATIONS

Corcoran, J. Secret, M., & Hayden, W. Research Designs. *Research Skills for Social Work*. Oxford University Press.
Corcoran, J. & Hayden, W. Ethics & Values. *Helping Skills for Social Work*. Oxford University Press.

AWARDS

Sibley Memorial Hospital Individual Recognition Award, 2015
American Academy of Psychotherapists Scholar, 2010