

SAMANTHA H. STEINBERG, LCSW-C

EDUCATION

University of Maryland, Baltimore

*School of Social Work, Masters, Graduated May 16, 2008,
Passed Clinical licensure exam December 20, 2010 License #14067*

Baltimore, MD

West Virginia University

Bachelors of Arts in Psychology, Cum Laude, May 2005

Morgantown, WV

CORE COMPETENCIES

- Individual Counseling
- Family Education/Counseling
- Group Facilitator/Leader
- Crisis Intervention
- Treatment Analysis/Planning
- Client Assessment/Evaluation
- Discharge Planning
- Violence Prevention
- MD SW Board Approved Supervisor
- Truancy Prevention
- Records Management
- Case Presentation
- Document Research/Review
- Report Generation
- Insurance Verification/Authorization
- Data Entry/Administration
- IEP Development and Implementation
- Program Development
- DBT Treatment
- Residency Verification

EXPERIENCE

2018-Present

Montgomery County Public Schools

Office of Student and Family Support and Engagement

Montgomery County, MD

Pupil Personnel Worker

- Advocate for all students to help them reach their full educational potential.
- Consult with school staff and parents on a variety of issues.
- Serve as a liaison for students, families, various departments within MCPS.
- Refer staff and students to outside agencies and community services providers.
- Participate in school based meetings (IEP, 504, EMT, conferences, etc.).
- Support student's rights and responsibilities.
- Foster understanding and collaborative efforts among home, school and the community.
- Problem solve and identify prevention and intervention strategies for students
- Provide crisis support to schools, students, and families.
- Assist with the interpretation of MCPS policies and regulations, as well as federal, state, and local laws.
- Provide trainings to schools, staff and community services
- Collaborate schools and families to address chronic attendance concerns
- Home visits to student's place of residence to address needs and verify residency.

2012-2018

Sheppard Pratt Health System

Adolescent Female Crisis Stabilization Unit

Baltimore, MD

Clinical Therapist, Licensed Social Worker, Clinical Supervisor

- Responsible for obtaining history and other information to complete a psychosocial evaluation for each patient.
- Facilitate family therapy sessions with patient, families, outside agency workers.
- Teach positive coping skills and communication techniques to patients and families.
- Document all interactions (phone and in person) with patients and families.
- Provide information about patients to nursing staff and other members of the treatment team that was obtained through talking with families and writing psychosocial evaluations.
- Create and implement treatment plans based on patient and family's individual needs
- Communicate with the Department of Social Services, Department of Juvenile Services, and other outside agencies for treatment planning, placement, and developing supportive services for the patients.
- Complete letters of recommendation as needed for patients who require a higher level of care.

- Utilize the PHTSY (or current process) to communicate with DHR for Lisa L. cases.
- Proficient in understanding the placement process for youth in Maryland (CINA, VPA)
- Orient new employees to unit and team process.
- “Green Bearer” – leadership role in CPI, de-escalation and restraint techniques.
- Super User (“Black Bearer”) for the hospital’s electronic medical record – Sunrise.
- Supervise both Social Work Interns and LGSW Social Workers. Provide individual and group supervision
- Participate in the implementation of DBT on the inpatient units, train new employees, and teach DBT skills to patients and families.

2011-Present **Sheppard Pratt Health System** **Baltimore, MD**
Child and Adolescent Crisis Units – Weekend Social Worker (Per Diem)

Clinical Therapist, Licensed Social Worker

- Responsible for obtaining history and other information to complete a psychosocial evaluation for each client.
- Facilitate family meetings on each of the 4 child and adolescent units.
- Communicate with the core treatment team and social workers about information obtained on the weekend and about family therapy sessions that were held.
- Provide information about patients to nursing staff and other members of the treatment team that was obtained through talking with families and writing psychosocial evaluations.
- Orient new per diem social workers to the weekend role, documentation, and process.

2014-2015 **Balance Point Wellness** **Baltimore, MD**
Individual and family therapist

Clinical Therapist, Licensed Social Worker

- Facilitated individual and family therapy sessions for assigned clients.
- Provided psycho-education to clients and families about specific diagnoses and symptoms.
- Communicated with treatment team providers about treatment plan.
- Obtain history and other pertinent information from client and families to complete psychosocial evaluation.
- Referred clients to additional services and for treatment in a higher level of care.
- Developed and implement treatment plans for effective treatment to meet individual client’s needs.

2008-2012 **Woodbourne Residential Treatment Center** **Baltimore, MD**
Special Behaviors Program (sexual offenses, trauma, and pervasive developmental disorders)

Clinical Therapist, Licensed Social Worker

- Created and implemented treatment plans for each client based on their individual needs.
- Responsible for obtaining history and other information to complete a psychosocial evaluation for each client.
- Facilitated individual and family therapy based on the specific needs of the client and their family.
- Involved in crisis intervention and provided behavioral and coping techniques to the clients to assist them in practicing safe behaviors.
- Developed special behavior plans based on the individual client’s needs.
- Guided each client through the process of taking responsibility and making amends for the sexual offending behaviors.
- Utilized evidence based practices in therapy such as Trauma Focused Cognitive Behavioral Therapy.
- Facilitated treatment team meetings and periodic reviews for clients to evaluate their progress in the program.
- Completed documentation for each client including quarterlies, insurance reviews, clinical notes, Child and Adolescent Needs and Strengths and J-SOAP.
- Participated in weekly treatment team, clinical team, and clinical meetings with a multidisciplinary team.

2007 – 2008 **Sheppard Pratt Health System** **Baltimore, MD**
Unit 1F – Adolescent Male Crisis Stabilization Unit

Social Work Intern

- Responsible for obtaining history from patients and their families to write complete psychosocial evaluations.
- Facilitated family meetings for patients and utilized many treatment techniques.
- Participated in treatment team meeting daily and presented cases to the attending physician and other members of the team.
- Planned patient's discharges and provided patients and family members information and resources to assist them in the treatment process.

2005 – 2006

**Behavioral Health
Carolina's Medical Center – Randolph**

Charlotte, NC

Psychiatric in-patient and emergency services

Psychiatric Technician

- Responsible for assisting the registered nurse in meeting the needs for psychiatric and chemically dependent patients including children, adolescents, and adults and ensuring their safety.
- Assisted other technicians and therapists in facilitating group therapy sessions and individual discussions with each of the patients.
- Discussed, planned, and implemented treatment plans and interventions for the patients with doctors, nurses, teachers, and therapists.
- Completed necessary paperwork on each unit including written progress notes and chart audits.

2004 - 2005

**Chestnut Ridge Hospital
West Virginia University Hospitals**

Morgantown, WV

Psychiatric in-patient, out-patient and day hospital

Mental Health Specialist

- Initiated practice primarily on residential adolescent units that catered to the needs and mental health of adolescent sex offenders and adolescent substance abusers.
- Experience on psychiatric intensive care unit, adult unit, and dual diagnosis unit.
- Managed patient records, developed progress notes, treatment planning, group and individual treatment work, and staff and treatment team planning to insure the appropriate treatment for each patient.

Psychiatric Therapy Intern

- Coordinated treatment work and group therapy for higher-functioning adults on an intensive out patient basis to assist their mental health development.
- Organized and administered group and family therapy to patients on the acute adolescent unit.
- Assisted in organizing post treatment plans for after patient discharge.
- Facilitated art therapy sessions with trauma, day, and acute adolescent patients.

CERTIFICATIONS AND TRAINING

- Certified to complete the Child and Adolescent Needs and Strengths – Comprehensive Assessment
 - Certified in CPR, First Aid, and CPI
 - Completed trainings in Dialectical Behavioral Therapy, Trauma Focused Cognitive Behavior Therapy, Trauma Outcome Process, Gang Awareness, DBT, and treating children and adolescents with sexual behavioral problems (Forgotten Youth)
 - Maryland Board Approved Social Work Supervisor
 - Maryland Certified Pupil Personnel Worker
-